



RESUME

Name : Dr. Swapana Saksena
Designation : Lecturer (Physical Education)
Major Dhyan Chand Institute of Physical
Education Bundelkhand University, Jhansi
(U.P.)
Ex. N.S.S. Program Officer
Ex. Assistant Warden
Assistant D.S.W.
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Father's Name : Dr. B. Sahai
Date of Birth : 06th July 1968
Sex : Female
Address/Correspondence: 24 Anupam Nagar,
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09450074806
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Nationality : Indian
Experience : 15 years

EDUCATIONAL QUALIFICATION :

S.No.	Examination Passed	Board/University	Passing Year	Division
01.	BRED	R.D.V.V. Jabalpur	1990	1 st
02.	MPEB (DE YDC)	I.D.C.P.E. Nagpur	1996	1 st
03.	Orientation Course	1998	University of Rajasthan Jaipur	Physical education
04.	Ph.D.	B.U. Jhansi	2005	

AWARD & HONORS :

- Represented West - North Zone Hockey (Women) Tournament held at Jaipur Rajasthan.
- XXVI National Sports Festival KHO KHO women group II Jaipur Rajasthan. 2000.
- Represented XXXVI National KHO-KHO (Women) Tournament held at Haldwa, UP in 2001, Group II AGRA.

- Represented XXXVI National KHO-KHO (Women) Tournament held at Haldia WB in 2001 group II.

ADMINISTRATIVE EXPERIENCE :

- Team Manager, National Athletics (Women) Tournament held at Jaipur Rajasthan.
- Team Manager, National Athletics (Women) Tournament held at Agra UP.
- Team Manager, Youth Festival (Women) team of B.U. Jhansi held at Midnapur Vidaya Sagar West Bangle 2009.
- Represented B.U. as a Programme officer NSS wing B.U. Jhansi From Date 10-02-2002 to 07-09-2006.
- Asst. Warden, Jhalkari Bai Girls Hostel, B.U., Jhansi from 05.10.2005 to 18.09.2010.
- Co -Coordinator, Women's Activity, B.U., Jhansi

CONFERENCE/SEMINARS :

- Attended National Seminar on Human Right and Women organized by Govt. B.S. College Gwalior. 2001
- Attended National Seminar on Sports and Society, organized by Punjab Univ. Chandigarh 2003.
- Attended National Seminar on Food & Nutrition to sportsman organized by Delhi College of Engineering 2004.
- Attended National Seminar on Control of obesity and overweight organized by BHU Varanasi 2005.
- Attended National Seminar on Land Reclamation sports in lower chambal sindh deah organize by Bundelkhand University, Jhansi 2005
- Attended National Seminar on A Regional studies of Physical Education in India some observation, organized by S.S.Patel College Gujrat 2006.
- Attended National Seminar on Improving Teaching Effectiveness in Physical education organized by Deogiri College Aurangabad.2006
- Attended National Seminar on Need of Yoga in Modern age organized by LNIPE Gwalior 2006.

- Attended National Seminar on Holistic Approach in Healing organized by LNIPE Gwalior 2007.
- Attended National Seminar on Sports Media and Society organized by NSS Nagpur 2008
- Attended National Seminar on Natural approach of healing of Thyroid Diseases organized by BHU 2009.

INTERNATIONAL SEMINARS/CONFERENCE :

- Attended International Seminar on Sports Injuries organized by LNIPE Gwalior 2008.
- Attended International Conference on Towards A New Global Viffage Role of Women in the transformation - 2007.
- Attended International conference on Yoga and Health organized by Gurukul Kangri Vishwavidyalaya, Haridwar, Uttranchal - 2007.
- Attended International conference on Stress Management Through Yoga organized by Shri. Shivaji College of Education Amravati 2011.

RESEARCH PAPER :

- Saksena Swapna (2007) "Sports and Community Journal Research Link" Vol. 39 pp. 83.
- Saksena Swapna (2007) "The attitude of Different State Students towards Physical Education Studying in Physical Education Colleges of Maharashtra" Indian Journal, Vol. 6 (2) pp. 70.
- Saksena Swapna (2007) Penalty corner, Vol. 4, pp. 42.
- Saksena Swapna A study of Attitude of Employees working in Sant Gadge Baba Amravati University Towards Health & Physical Fitness Camp.
- Saksena Swapna (2009) "Role of Women in Sports Development".

Ph.D. SUPERVISED

- Saksena Swapna (2007) "Attitude of Employees working in Sant Gadge Baba Amravati University Towards Health & Physical Fitness Camp".
- Saksena Swapna (2007) "Role of Women in Sports Development".
- Saksena Swapna (2007) "Attitude of Different State Students towards Physical Education Studying in Physical Education Colleges of Maharashtra".
- Saksena Swapna (2007) "Penalty corner".
- Saksena Swapna (2007) "Sports and Community Journal Research Link".

- Anthropometric characteristics and co-coordinative abilities of cricket players in relation to different playing positions.
- Indian sports Administration a critical study.
- A study of the implementation of physical education at undergraduate level in Uttar Pradesh.
- Study of the senior secondary students on their Academic achievements and attitude towards physical education and sports.
- Bio mechanical Comparison of Different techniques of shot-put.

Date :

Place :


DR. SWAPANA SAKSENA

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