

CURRICULAM-VITAE

Name : **Dr. Upendra Singh Tomar**
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Educational Qualification:-

- Ph.D. in Physical education in the year 2008.
- Master of Physical Education from Barkatullah University, Bhopal in the Year 1998.
- Bachelor of Physical Education from Barkatullah University, Bhopal in the Year 1996.
- Bachelor of Commerce from Barkatullah University, Bhopal in the Year 1994.
- Secondary Examination passed from M.P. Board in the year 1990.

Professional Experience:-

- Presently working in *Department of Physical Education Bundelkhand University, Jhansi as a Associate Professor (S.F.S) from 25-10-2013.*
- Worked as a Basketball coach in Department of *Sports Barkatullah University, Bhopal Since 03-02-1997 to 12-09- 2002.*
- Worked as a Lecturer in *Physical Education (Contract) in Major Dhyanchand Institute of Physical Education, (UTD) Barkatullah University, Bhopal, Since 13-09-2009 to 30-06-2010.*
- Worked as a Associate Professor in *Physical Education in Indira Priyadarshni College, Bhopal Since 30-10-2010 to 18-11-2011*
- Worked as a *Sports Officer University Institute of Technology, Rajiv Gandhi Prodyogiki Vishwavidhyalay Bhopal from 02-01-2012 to 25-10-2013.*
- Experience in Managing and Development of Sports Facilities.
- Experience in organizing Sports events.
- Educational Administration.

Area of Specilization

- Organization and Administration in Physical Education.
- Coaching and Officiating Basketball.
- Research in Physical Education.
- Scientific Methods of Sports Training.
- Sports Psychology.

Professional Achievements:-

- Excellent Player Award by M.P. Government 1997.
- Represented 47th National Basket Ball Tournament (Men & Women.) at **Calcutta** as a player of M.P. in the year 1997.
- Represented 46th National Basket Ball Tournament (Men & Women) at **Jamshedpur** as a layer of M.P. in the year 1995.
- Represented 45th National Basket Ball Tournament (Men & Women) at **Eranakulam** as a player of M.P. in the year 1994.
- Represented 43rd National Basket Ball Tournament (Men & Women) at **Banglore** as a player of M.P. in the year 1993.
- Represented National youth Basket Ball Tournament (Boys & Girls) at **Mumbai** as a player of M.P. in the year 1991.
- Represented National Sub Junior Basket Ball Tournament (Boys & Girls) at **Cochin** as a player of M.P. in the year 1987.
- Represented 37th National School Games Basket Ball Tournament (Boys & Girls) at **Jaipur** as a player of M.P. in the year 1992.
- Represented West Zone National Basket Ball Tournament (Man & Women) at **Indore** as a player of M.P. in the year 1996.
- Represented 22nd National Basket Ball Tournament (Boys & Girls) at **Sonipath** as a player of M.P. in the year 1992.

- Represented 21st National Basket Ball Tournament (Boys & Girls) at **Karnal** as a player of M.P, in the year 1991.
- Represented 20th National Basket Ball Tournament (Boys & Girls) at **Gumla** as a player of M.P. in the year 1990. (Boys & Girls)
- Represented All India Inter University, Basket Ball Tournament as a player of Barkatullah University, at **Banaras** in the year 1996.
- Represented All India Inter University, Basket Ball Tournament as a player of Barkatullah University, at **Delhi** in the year 1992.
- Represented West Zone Inter University, Basket Ball Tournament as a player of Barkatullah University, as **Gwalior** in the year 1996.
- Represented West Zone Inter University, Basket Ball Tournament as a player of Barkatullah University, as **Indore** in the year 1995.
- Represented West Zone Inter University, Basket Ball Tournament as a player of Barkatullah University, as **Gwalior** in the year 1994.
- Represented West Zone Inter University, Basket Ball Tournament as a player of Barkatullah University, as **Bhilwara** in the year 1993.
- Represented West Zone Inter University, Basket Ball Tournament as a player of Barkatullah University, as **Nagpur** in the year 1992.
- Act as an official in National School Games at **Bhopal** in the year 1998.

I declare that the above information are true and correct to the best of my knowledge.

(DR. UPENDRA SINGH TOMAR)

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